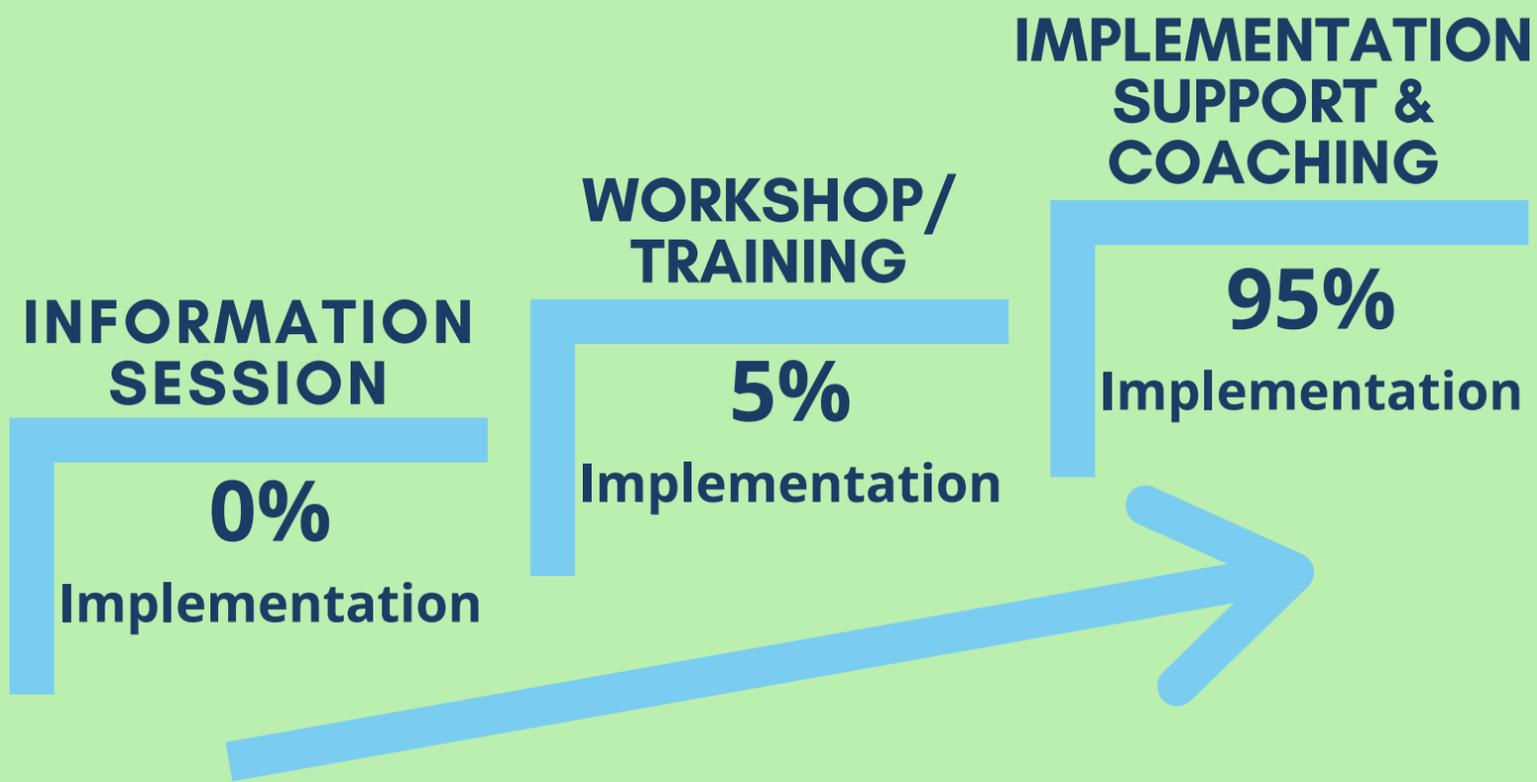


# GETTING THE MOST OUT OF PROFESSIONAL DEVELOPMENT



## INFORMATION SESSION

- Goal: Raises awareness
- Length: Brief (60-90 minutes)
- Example: Presentation at staff meeting, conference session, virtual session that is lecture only

## WORKSHOP/TRAINING

- Goal: Increases knowledge of a practice in preparation for its use
- Length: 3-6 hours (or more)
- Example: Face to face or virtual sessions that includes discussion, demonstration and rehearsal with feedback



## IMPLEMENTATION SUPPORT & COACHING

- Goal: Use of skills required to implement a new practice in context
- Length: May require 4 or more cycles of observation w/ feedback
- Example: Following training, instructional coach works with implementer using observation, rehearsal with feedback, fidelity, checklists and data to improve use of a practice